A peaceful and dignified end of life

- Maintain personal dignity
- Be healthy
- Have economic wellbeing
- Be free from discrimination or harassment
- Make a positive contribution
- Have a good quality of life
- Exercise choice and control

- Be healthy
- Enjoy and achieve
- Make a positive contribution
- Achieve economic wellbeing
- Stay safe
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Research in recent years shows that most people in the UK would choose to die at home. In reality, only one in five people are able to do so.

Talk to us about:
- The best possible care for palliative care patients
- Equity of access to services
- Appropriate support services for patients and their carers
- Choice of place of care and death is available to all
- Improvements in co-ordination of care among stakeholders
- The good death charter
- Learning from avoidable deaths
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Northumberland, Tyne and Wear - Delivering Choice Programme

The Marie Curie Delivering Choice Programme aims to improve access to care provision across all settings for people with a terminal illness.

We are doing this by:
• In-depth mapping of current service provision
• Whole systems approach to service improvement
• Consultation with all stakeholders, including patients and carers

You can help us by:
• Participating in a service improvement work stream
• Promoting end of life issues within your service
• Supporting and promoting the delivery of work stream outcomes

Contact us at:
• [www.deliveringchoiceprogramme.org.uk](http://www.deliveringchoiceprogramme.org.uk)
• NTW Project office: 0191 219 1003
• [Sara.woolley@mariecurie.org.uk](mailto:Sara.woolley@mariecurie.org.uk) – Project Manager
• [Mark.girvan@mariecurie.org.uk](mailto:Mark.girvan@mariecurie.org.uk) – Project Manager
• [Julie.dixon@mariecurie.org.uk](mailto:Julie.dixon@mariecurie.org.uk) – Clinical Lead
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Learning from avoidable deaths

We want to prevent children and vulnerable adults from dying and therefore we are working to learn from deaths that may have been avoided through timely and appropriate interventions. Examples of this include child deaths and drug-related deaths.

We are doing this by:
• Carrying out serious case reviews or critical incident reviews to investigate local deaths
• Learning from case reviews and critical incident reviews elsewhere in the country
• Improving services in response to what we learn

You can help us by:
• Making sure your staff get involved with reviews where your organisation has been involved
• Implementing changes to services when highlighted through a review
• Making sure staff appropriately share information about children and vulnerable adults

Contact us at:
• Drug related deaths: safenewcastle.drugs@newcastle.gov.uk
• Sue Kirkley Safeguarding Children Co-ordinator susan.kirkley@newcastle.gov.uk
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A Good Death – North East Regional Charter

“All of us should have the right at the end of life to experience a good death and our family, partners or other carers deserve support and compassion at this time”.

‘A good death’ – a charter – has recently been published to outline how we could make this goal a reality.

We are doing this by:
• Publishing the charter for consultation
• Outlining the principles of a good death in the charter: respect; time to plan; care; and support
• Directing health, social care, community, voluntary and other organisations, groups or individuals who plan, develop and provide end of life care or support to the charter for guidance
• Aiming to make all care providers aware of the charter, and its impact on their work, not only those who work specifically in end of life services

You can help us by:
• Making sure your staff are aware of the charter, and its impact on their work
• Tracking updates to the charter following consultation – see web details below

Contact us at:
• www.agooddeath.co.uk