

4 Illness and Disease in Newcastle

4.1 What people say about their wellbeing and health

4.1.1 Self-reported wellbeing



Note: The Measuring National Wellbeing project led by the Office for National Statistics has led to the inclusion of four questions on subjective wellbeing in the Annual Population Surveys in 2011/12 and 2012/13. The data is only available at Local Authority Level.

Subjective wellbeing of Newcastle's people compares unfavourably with both the English and the North East average (Table 4.1-1)

Table 4.1-1: Subjective Wellbeing – rating out of 10. Source: Annual Population Survey 2012.

| | Newcastle | North East average | English Average |
|--|------------------|---------------------------|------------------------|
| "Overall, how satisfied are you with your life nowadays?" | 7.34 | 7.37 | 7.44 |
| "Overall, how worthwhile are the things that you do in your life?" | 7.51 | 7.62 | 7.68 |
| "Overall, how happy did you feel yesterday?" | 7.16 | 7.17 | 7.28 |
| "Overall, how anxious did you feel yesterday?" | 3.02 | 3.06 | 3.05 |

Locally, the Residents Survey 2015 asked the same questions of residents in order for us to understand if there are differences between different populations in the city.

The Newcastle average score for life satisfaction is 7.3. Figure 4.1-1 to Figure 4.1-4 illustrate how that varies by ward, age, respondent type and household type.

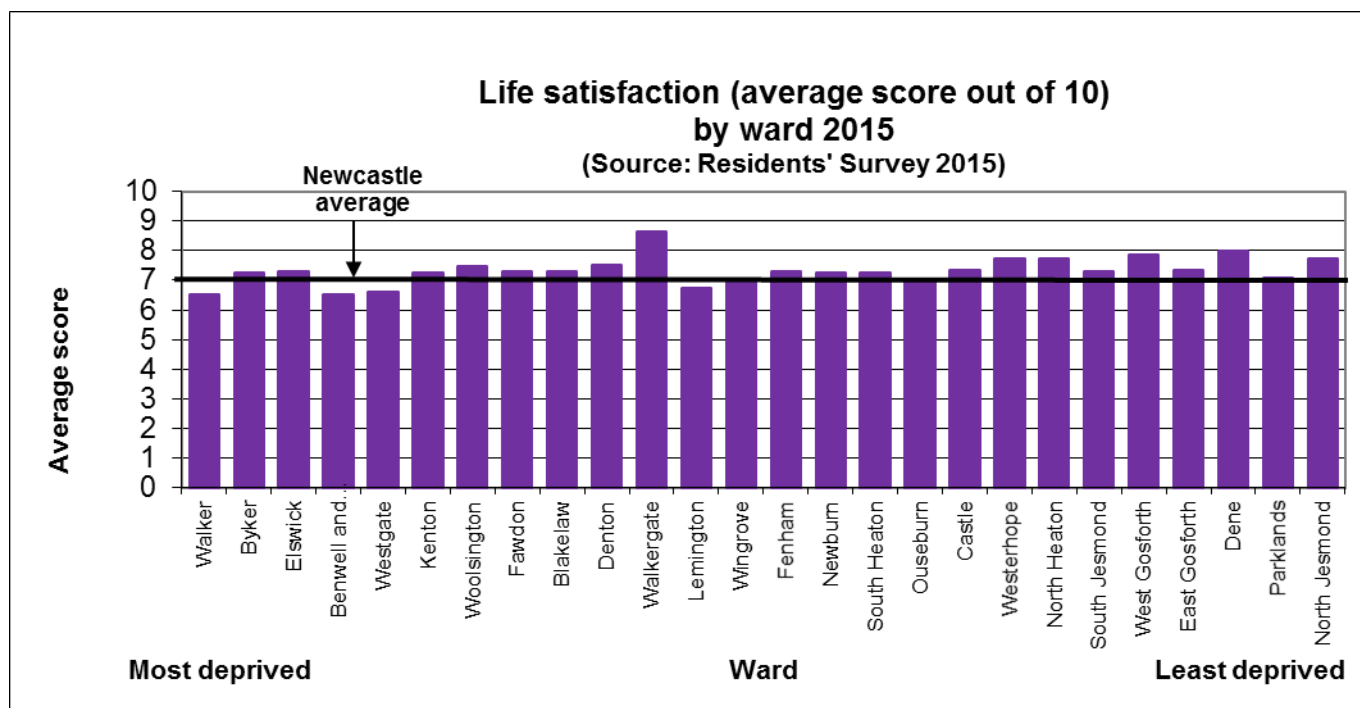


Figure 4.1-1: Life satisfaction by ward 2015

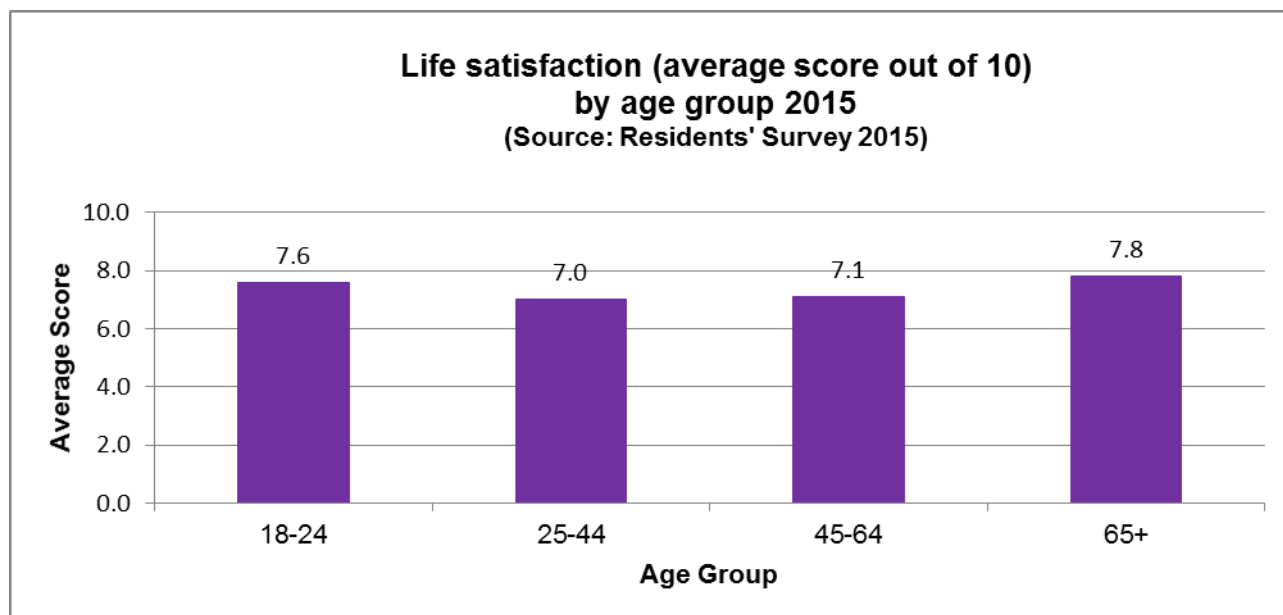


Figure 4.1-2: Life satisfaction by age group 2015

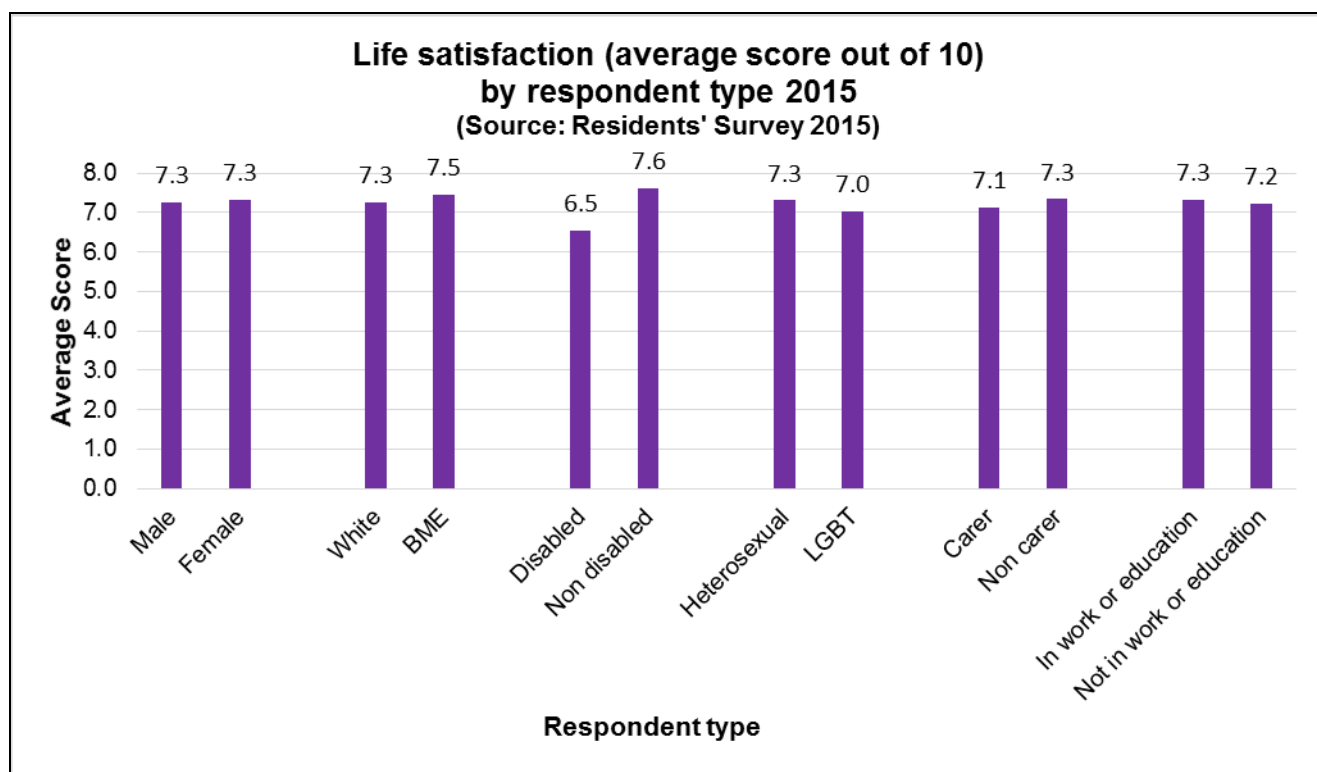


Figure 4.1-3: Life satisfaction by respondent type 2015

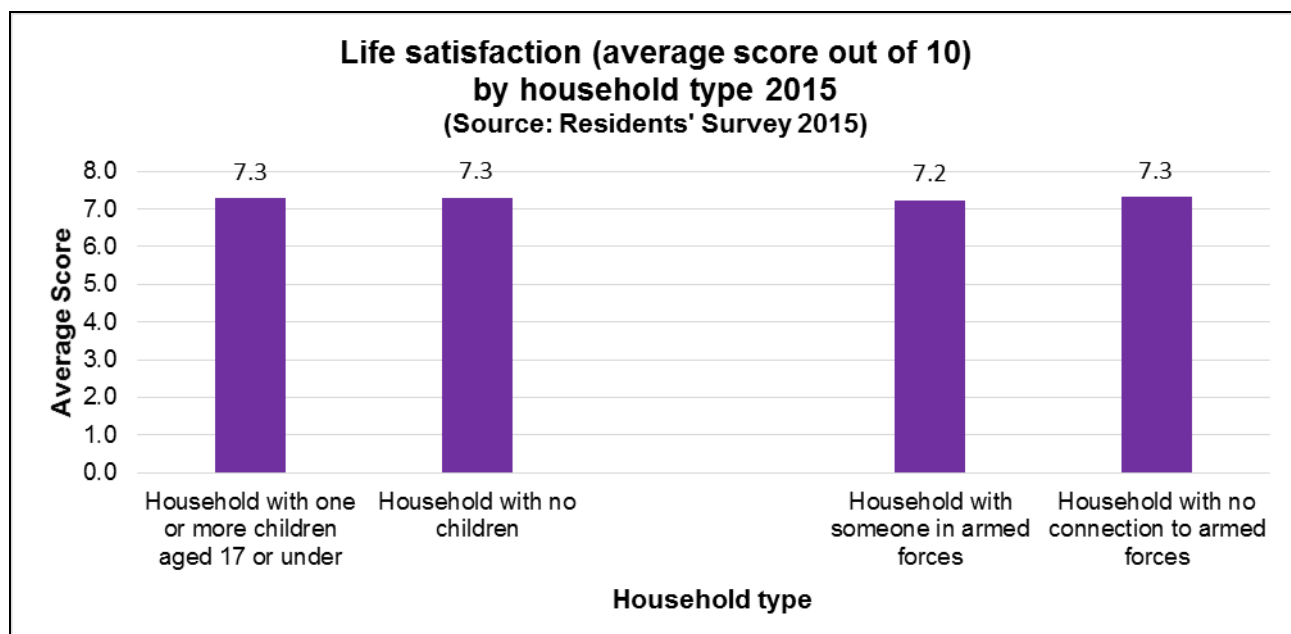


Figure 4.1-4: Life satisfaction by household type 2015

The Newcastle average score for feeling worthwhile is 7.51. Figure 4.1-5 to Figure 4.1-8 illustrate how that varies by ward, age, respondent type and household type.

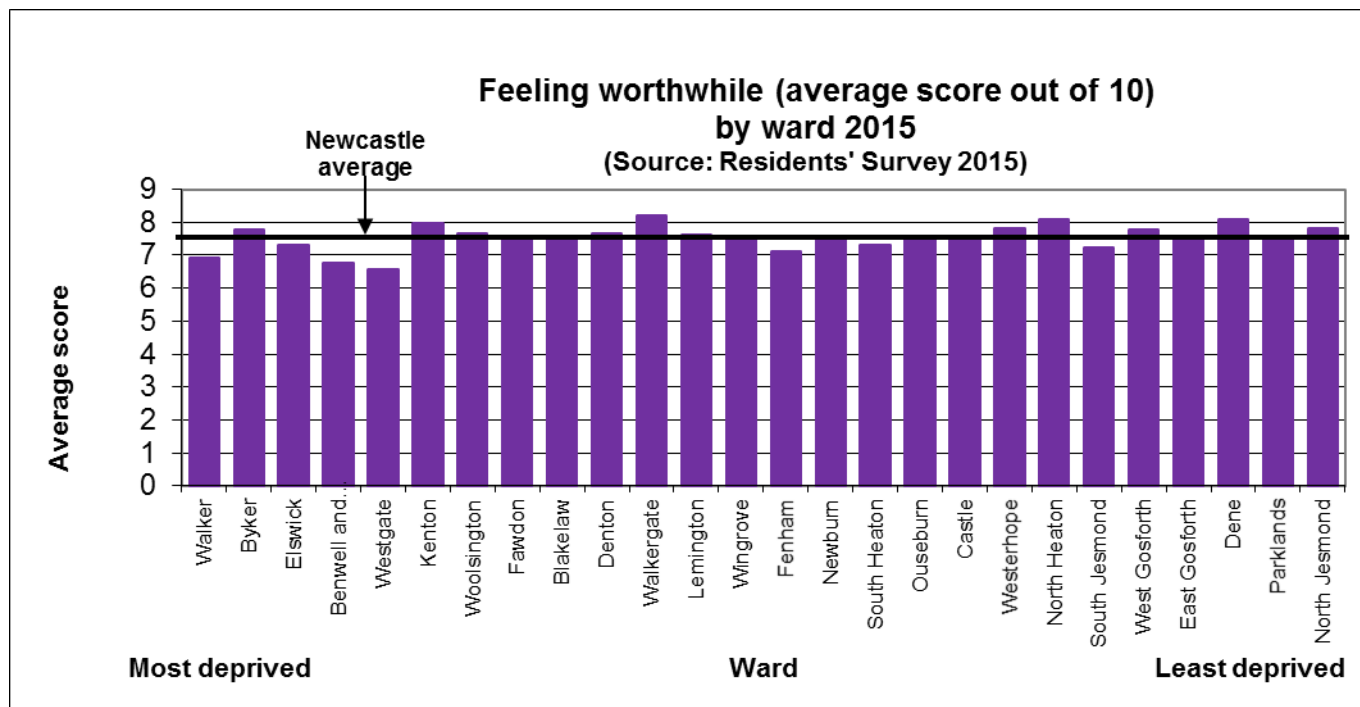


Figure 4.1-5: Feeling worthwhile by ward 2015

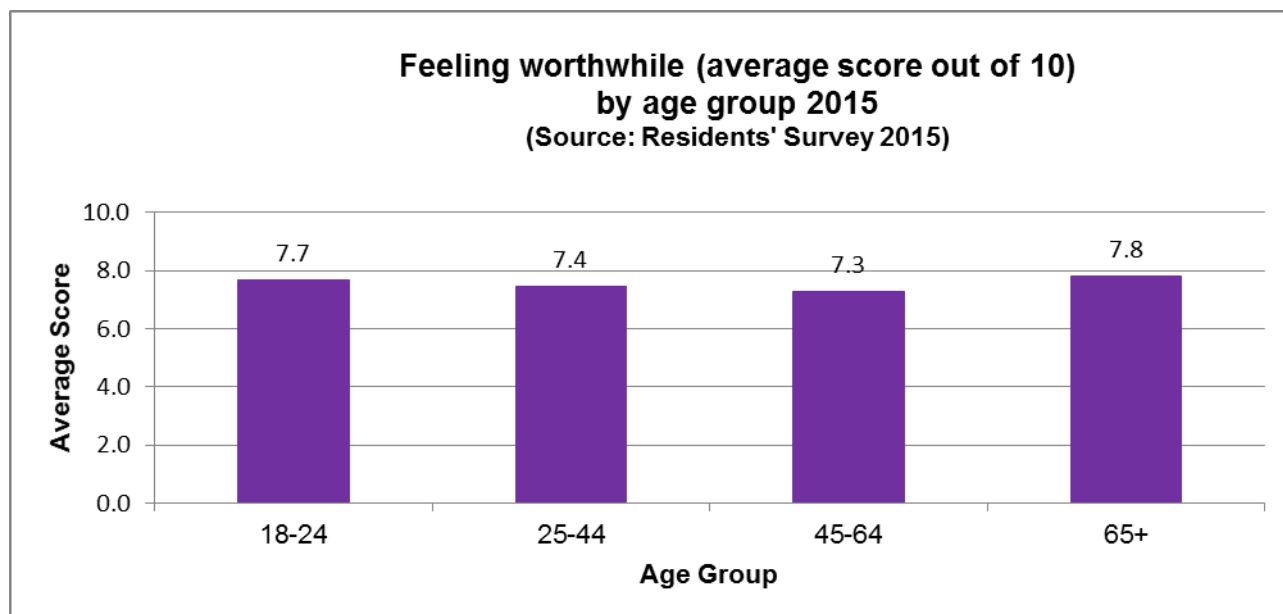


Figure 4.1-6: Feeling worthwhile by age group 2015

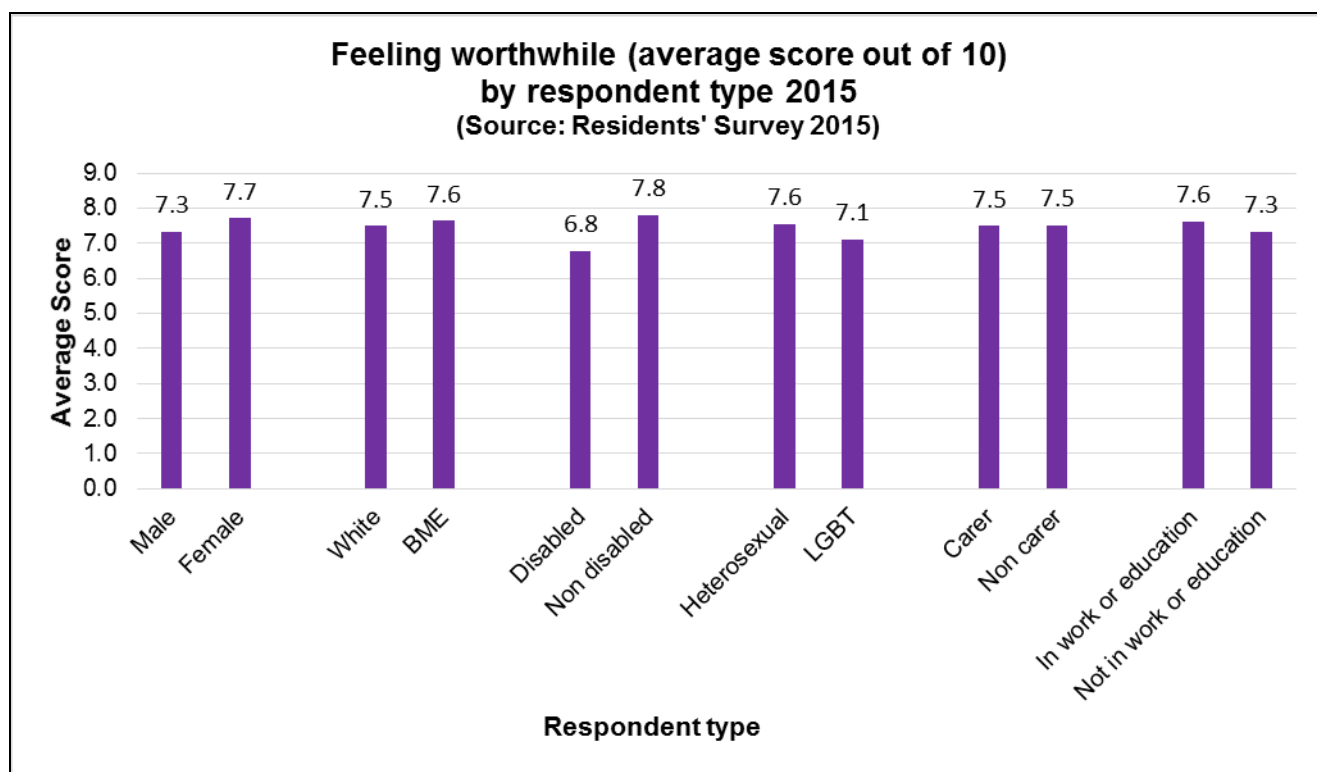


Figure 4.1-7: Feeling worthwhile by respondent type 2015

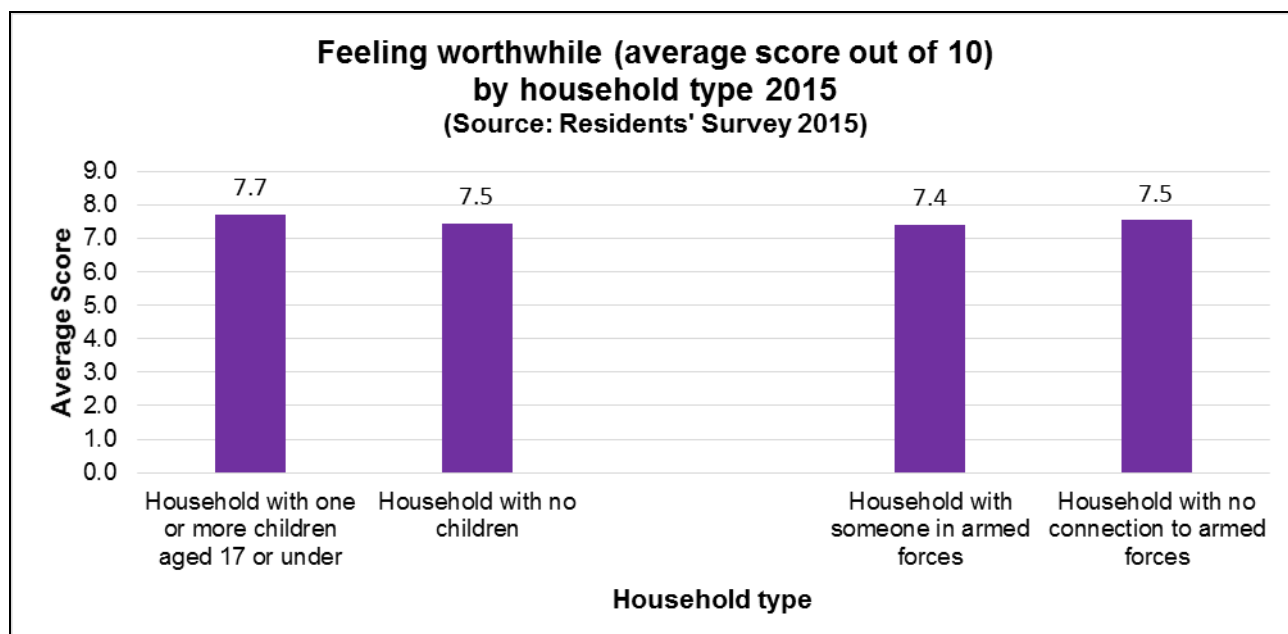


Figure 4.1-8: Feeling worthwhile by household type 2015

The Newcastle average score for feeling happy yesterday is 7.34. Figure 4.1-9 to Figure 4.1-12 illustrate how that varies by ward, age, respondent type and household type.

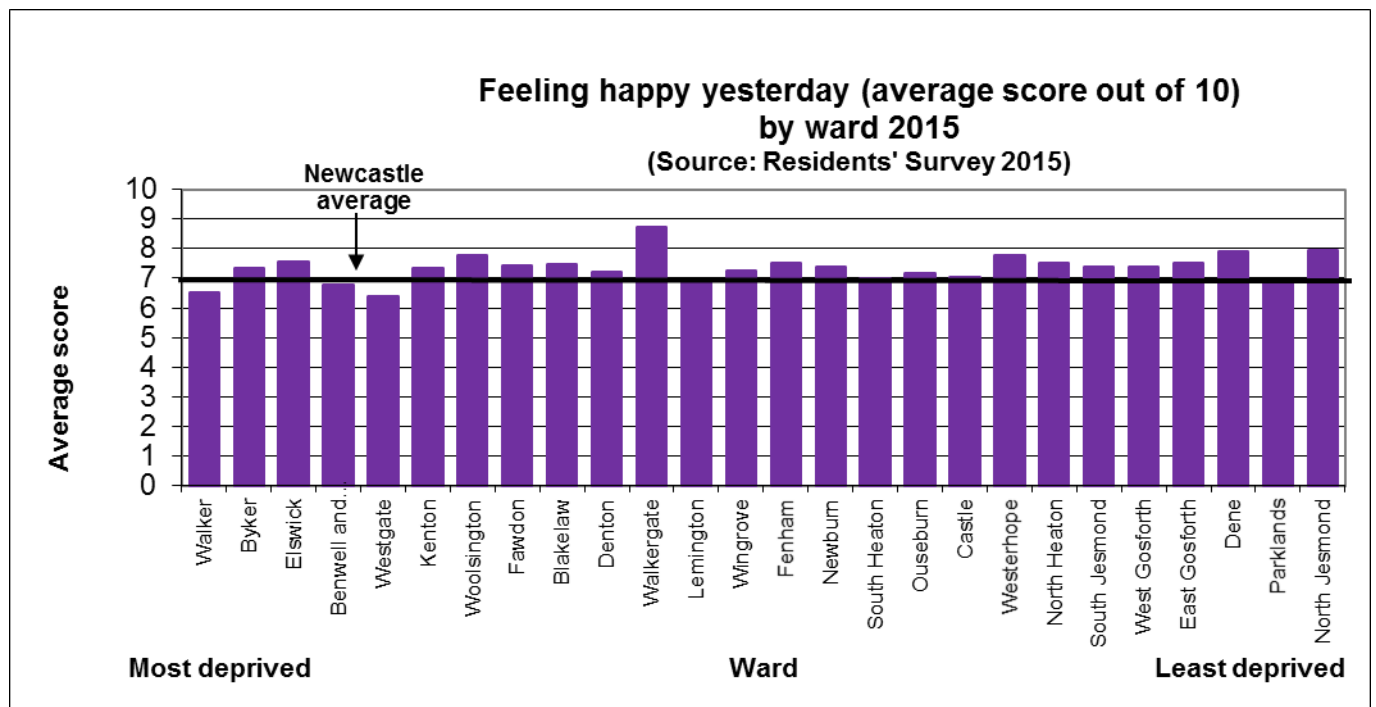


Figure 4.1-9: Feeling happy yesterday by ward 2015

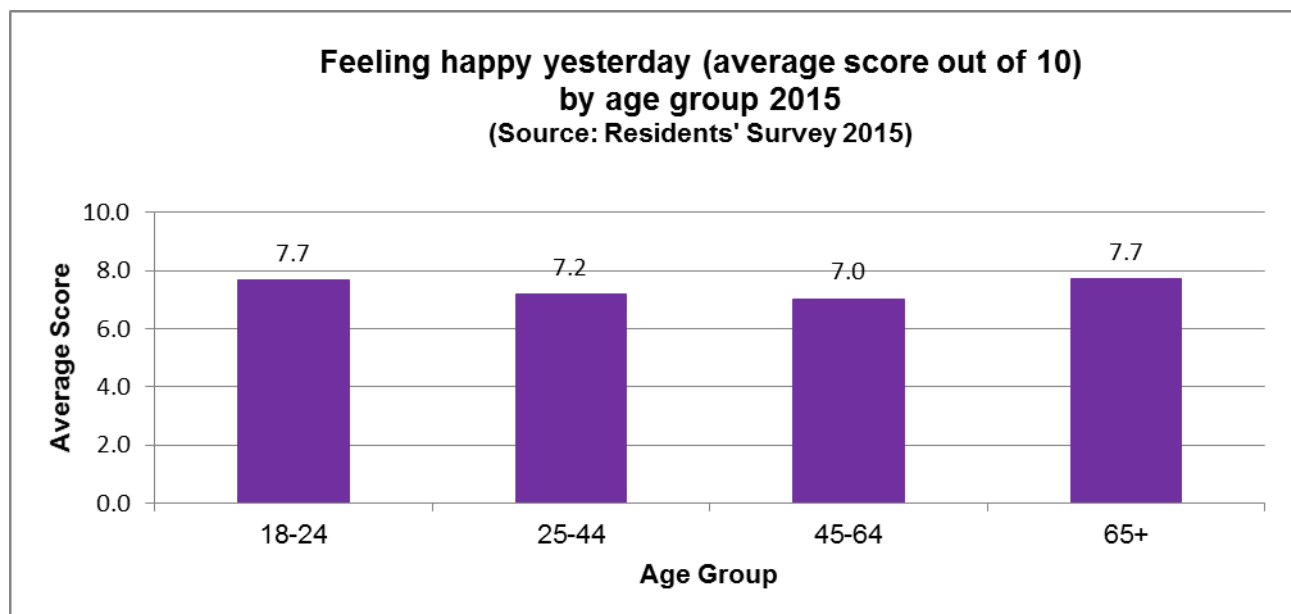


Figure 4.1-10: Feeling happy yesterday by age group 2015

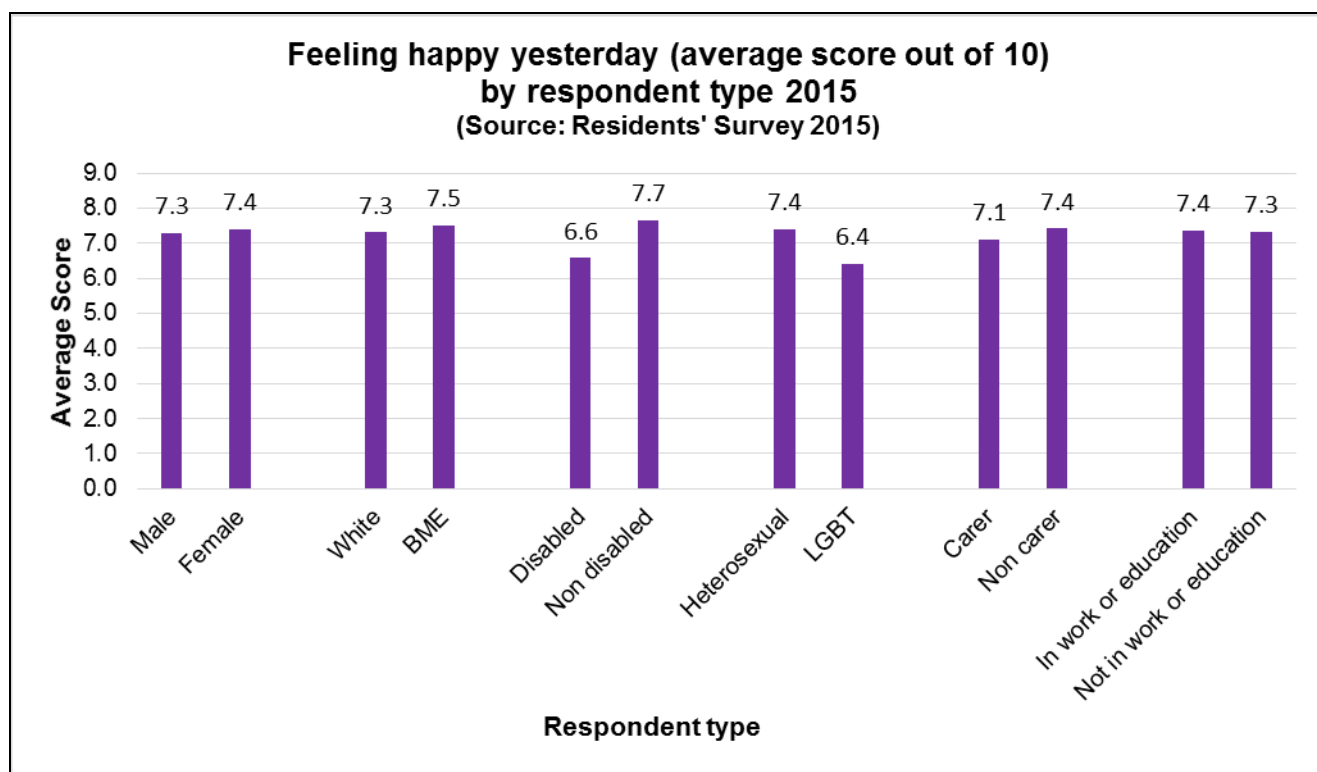


Figure 4.1-11: Feeling happy yesterday by respondent type 2015

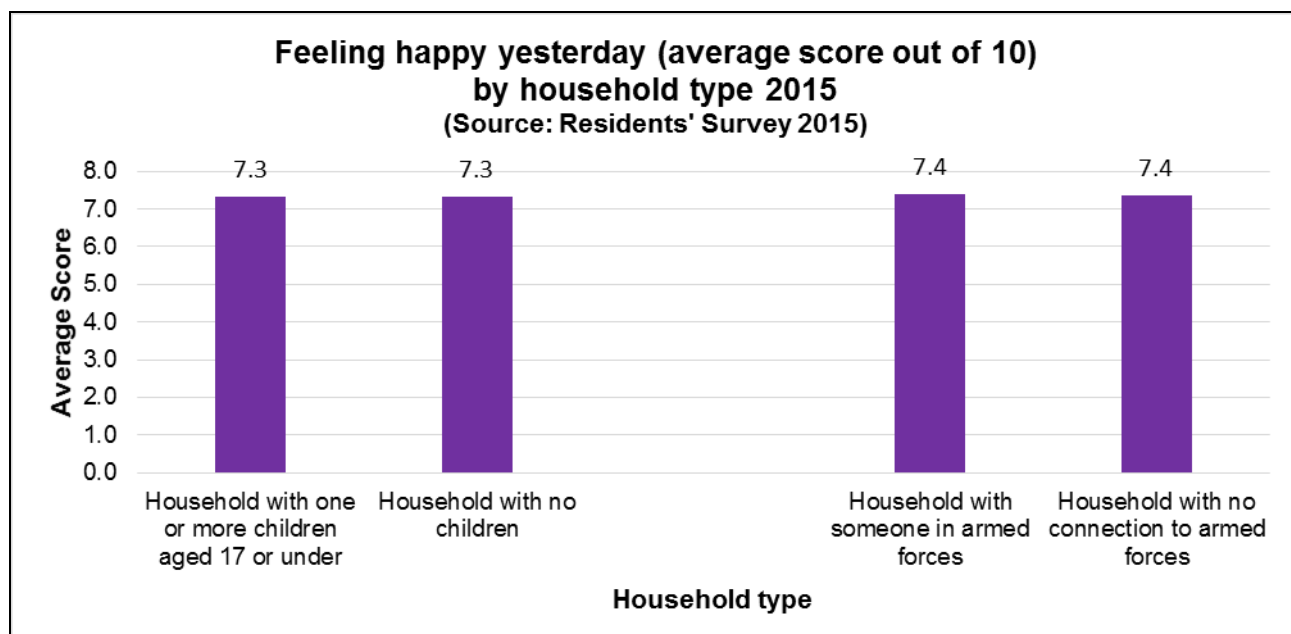


Figure 4.1-12: Feeling happy yesterday by household type 2015

The average score for feeling anxious yesterday is 3.68. Figure 4.1-13 to Figure 4.1-16 illustrate how that varies by ward, age, respondent type and household type.

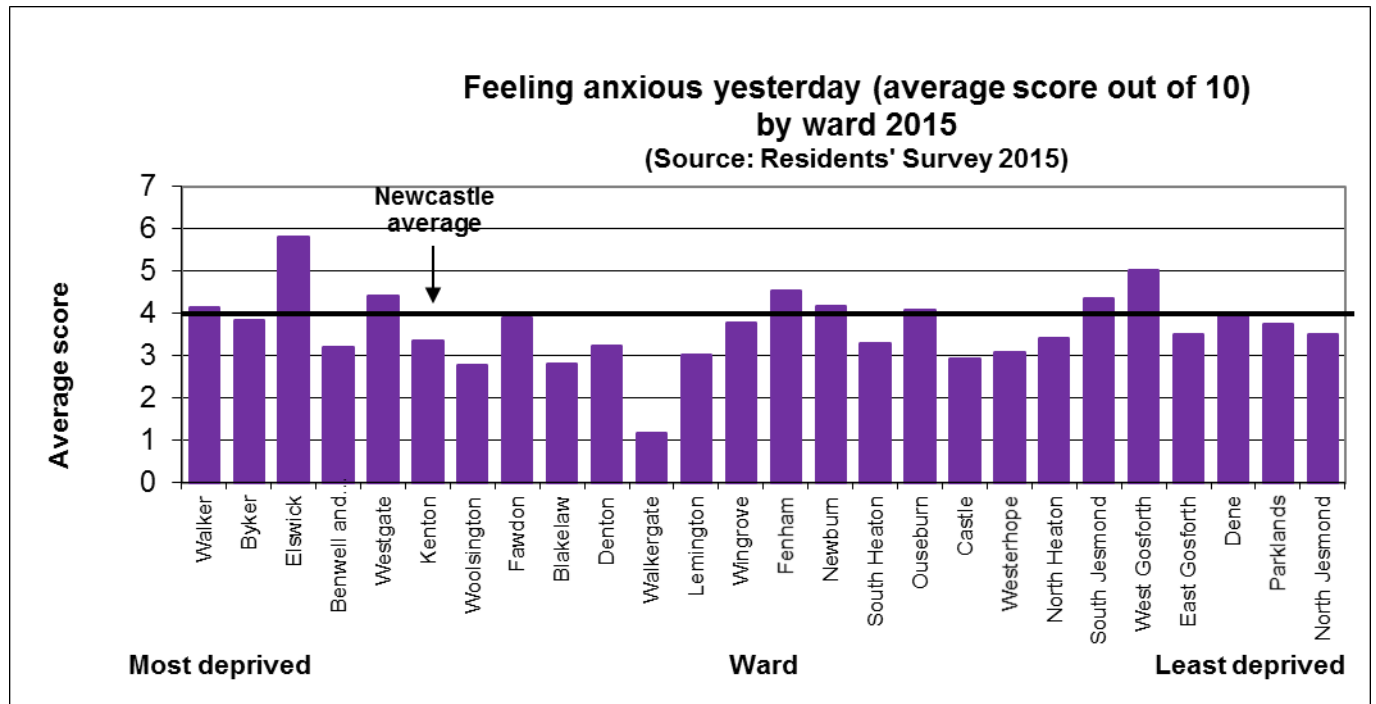


Figure 4.1-13: Feeling anxious yesterday by ward 2015

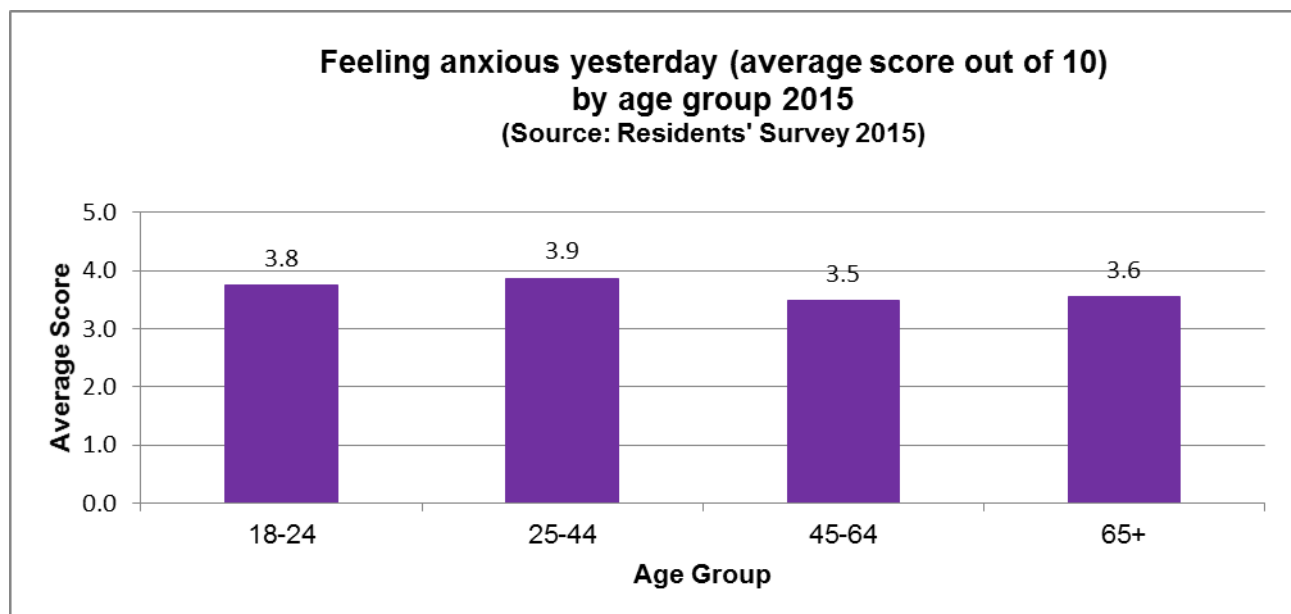


Figure 4.1-14: Feeling anxious yesterday by age group 2015

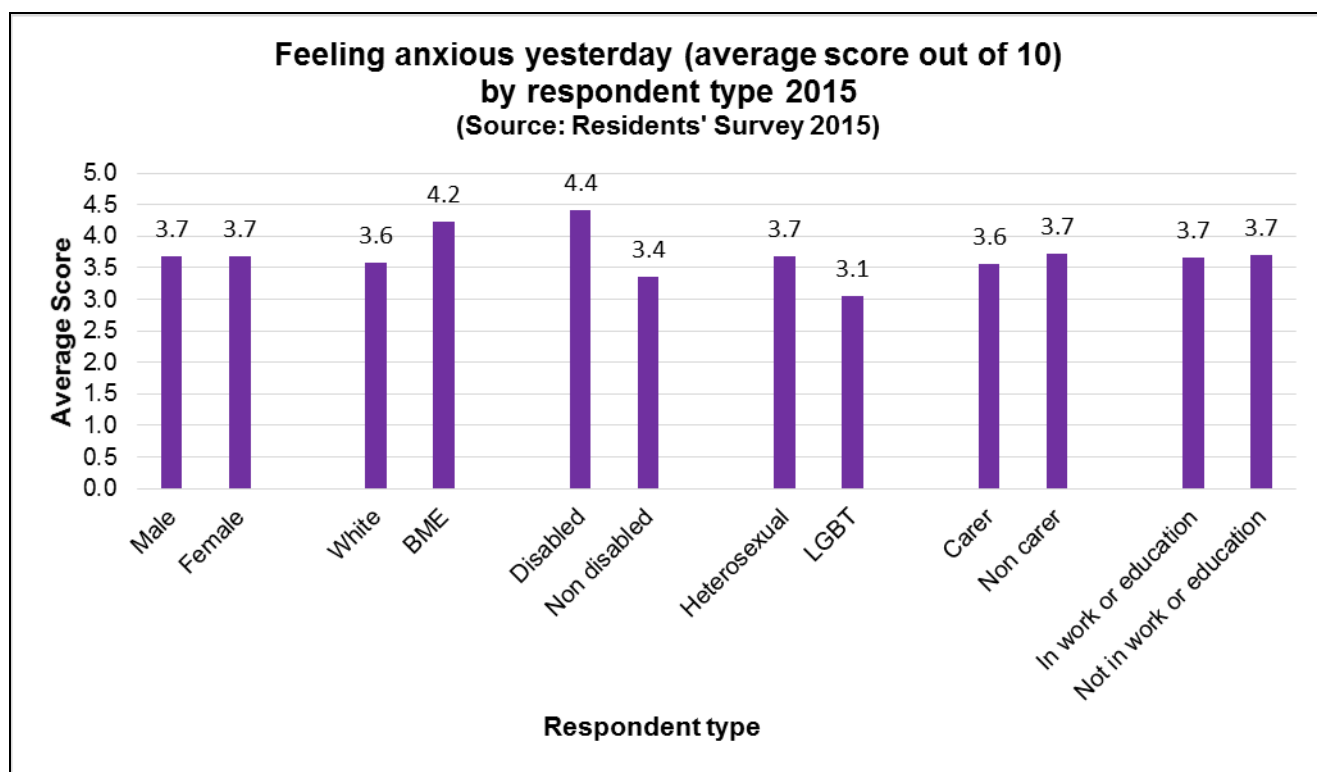


Figure 4.1-15: Feeling anxious yesterday by respondent type 2015

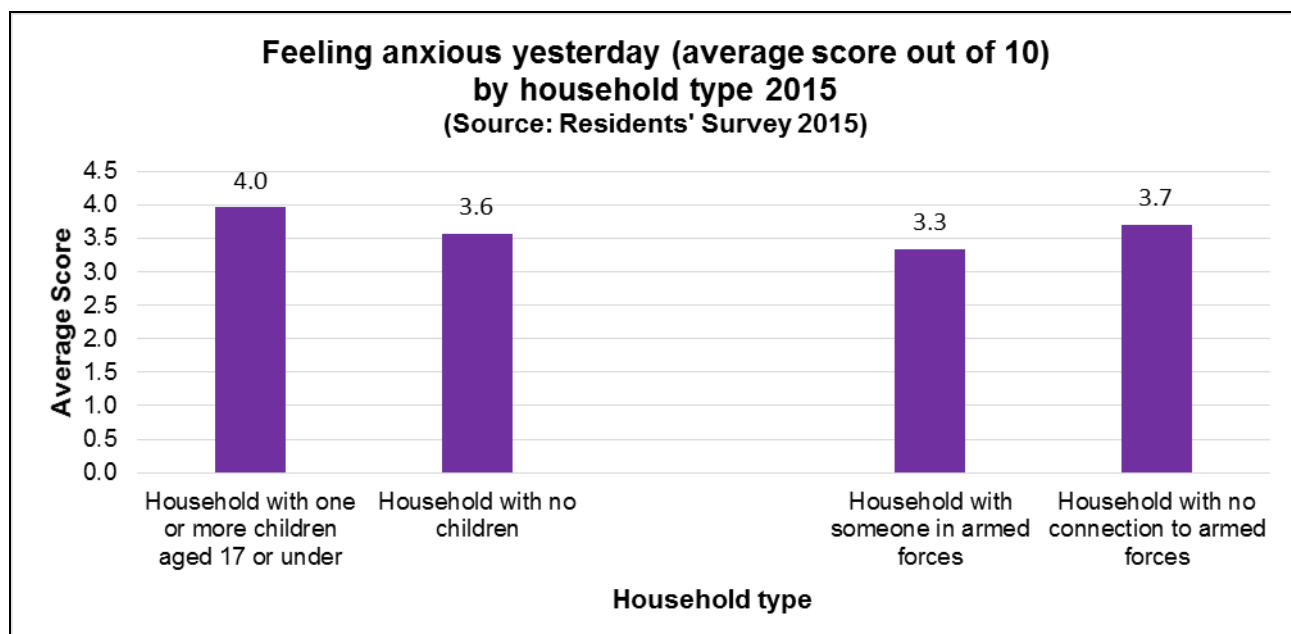


Figure 4.1-16: Feeling anxious yesterday by household type 2015

4.1.2 Self-reported health

Census 2011 gives insights into self-reported health of Newcastle’s residents. The self-reported health of Newcastle’s residents is more similar to the England averages than to North East averages (Table 4.1-2 and Figure 4.1-17)

Table 4.1-2: Self-reported health. Source: Census 2011

| | Proportion Newcastle residents | Proportion North East residents | Proportion England residents |
|------------------|---------------------------------------|--|-------------------------------------|
| Very good health | 47.8% | 44% | 47.2% |
| Good health | 31.8% | 33.3% | 34.2% |
| Fair health | 13.6% | 15.2% | 13.1% |
| Bad health | 5.3% | 5.8% | 4.2% |
| Very bad health | 1.5% | 1.7% | 1.2% |

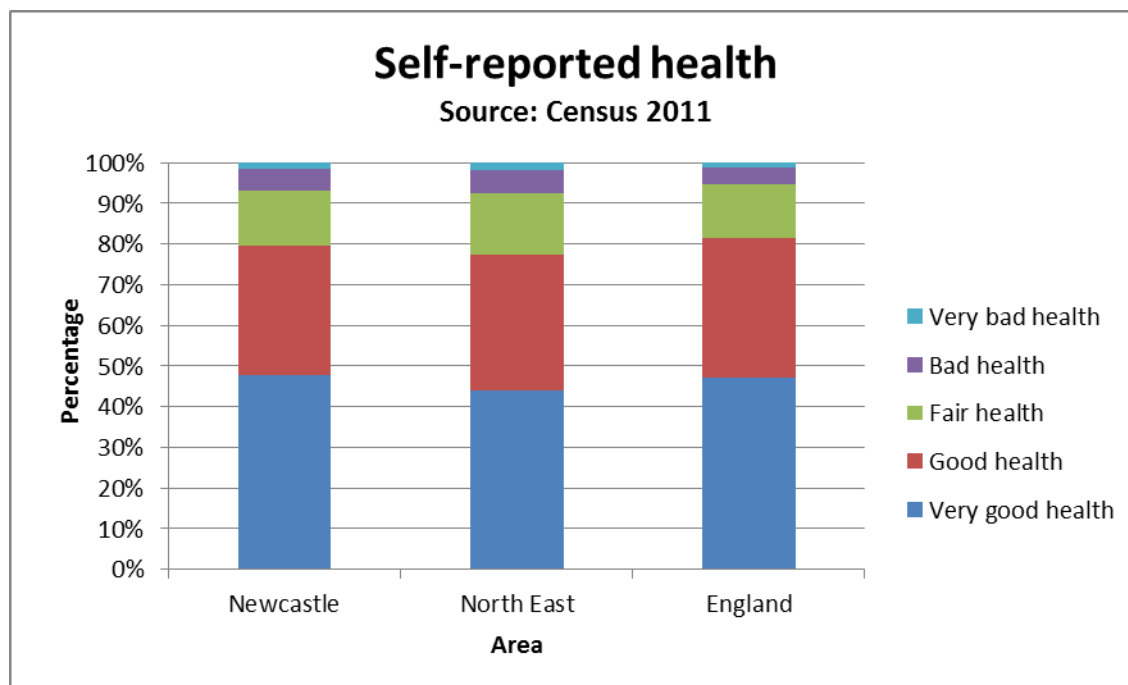


Figure 4.1-17: Self-reported health. Source: Census 2011

Further insights into variation within the city can be gained from the results of the Residents Survey. On average, 70.2% of people say their health is good. Figure 4.1-18 to Figure 4.1-21 illustrate how that varies by ward, age, respondent type and household type.

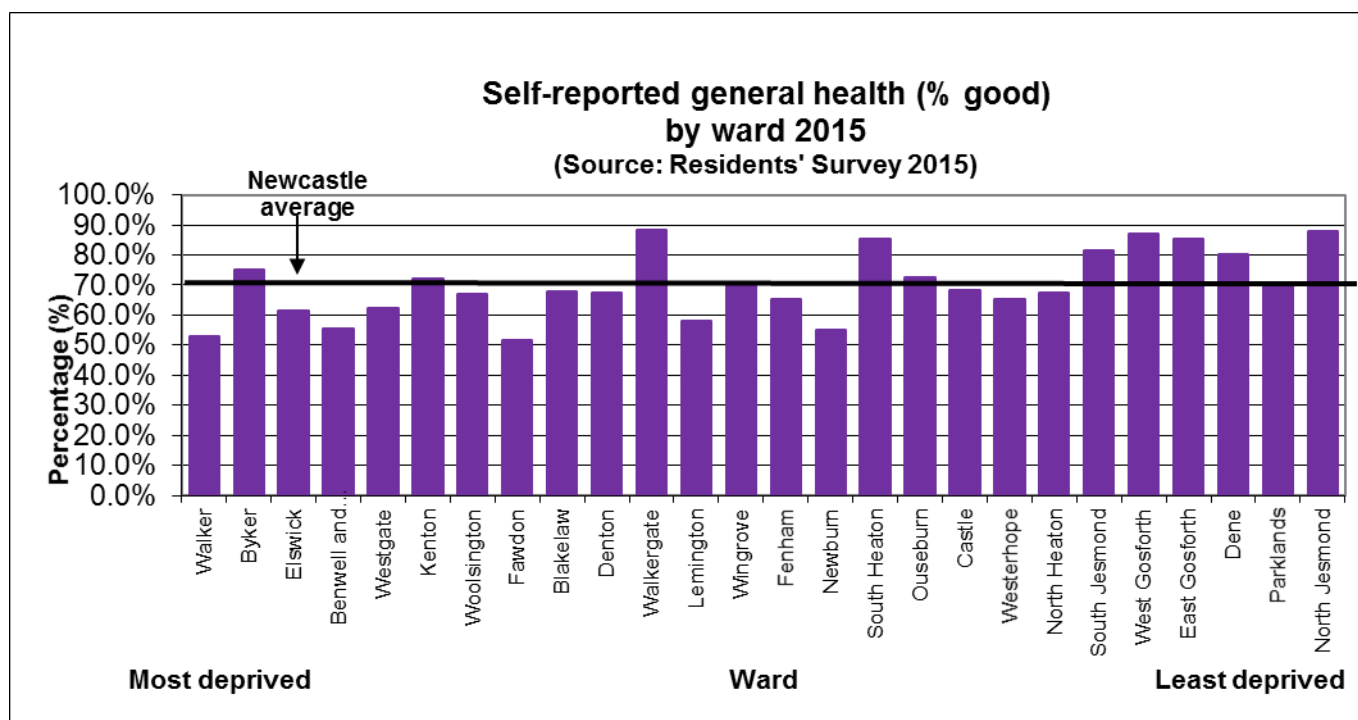


Figure 4.1-18: Self-reported general health by ward 2015

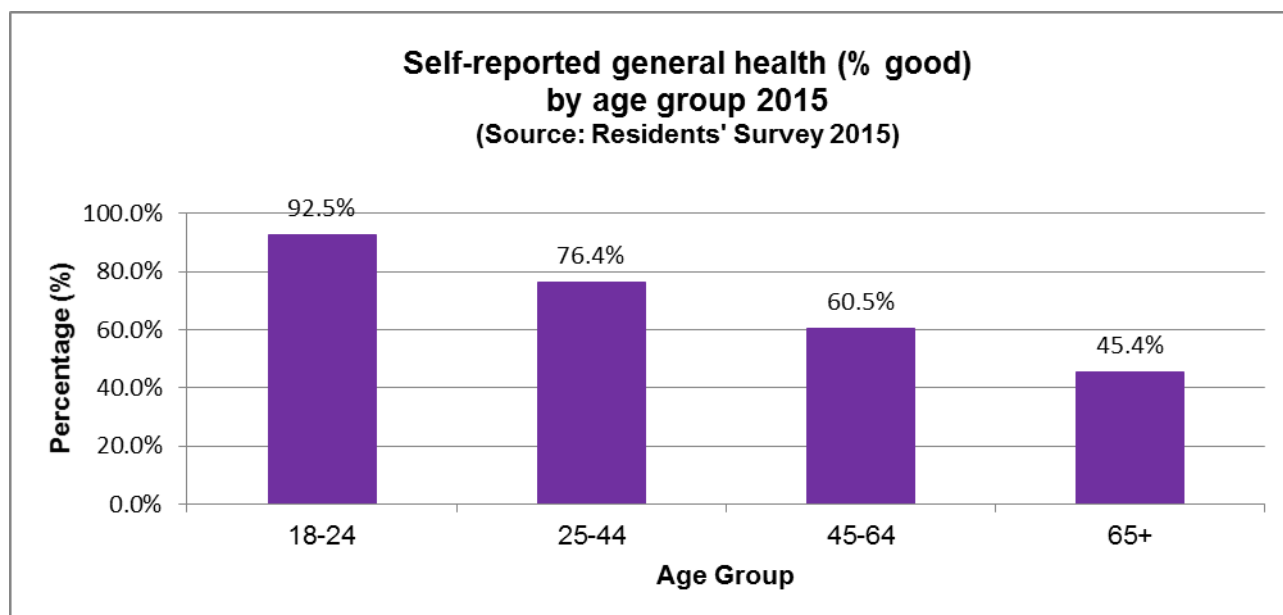


Figure 4.1-19: Self-reported general health by age group 2015

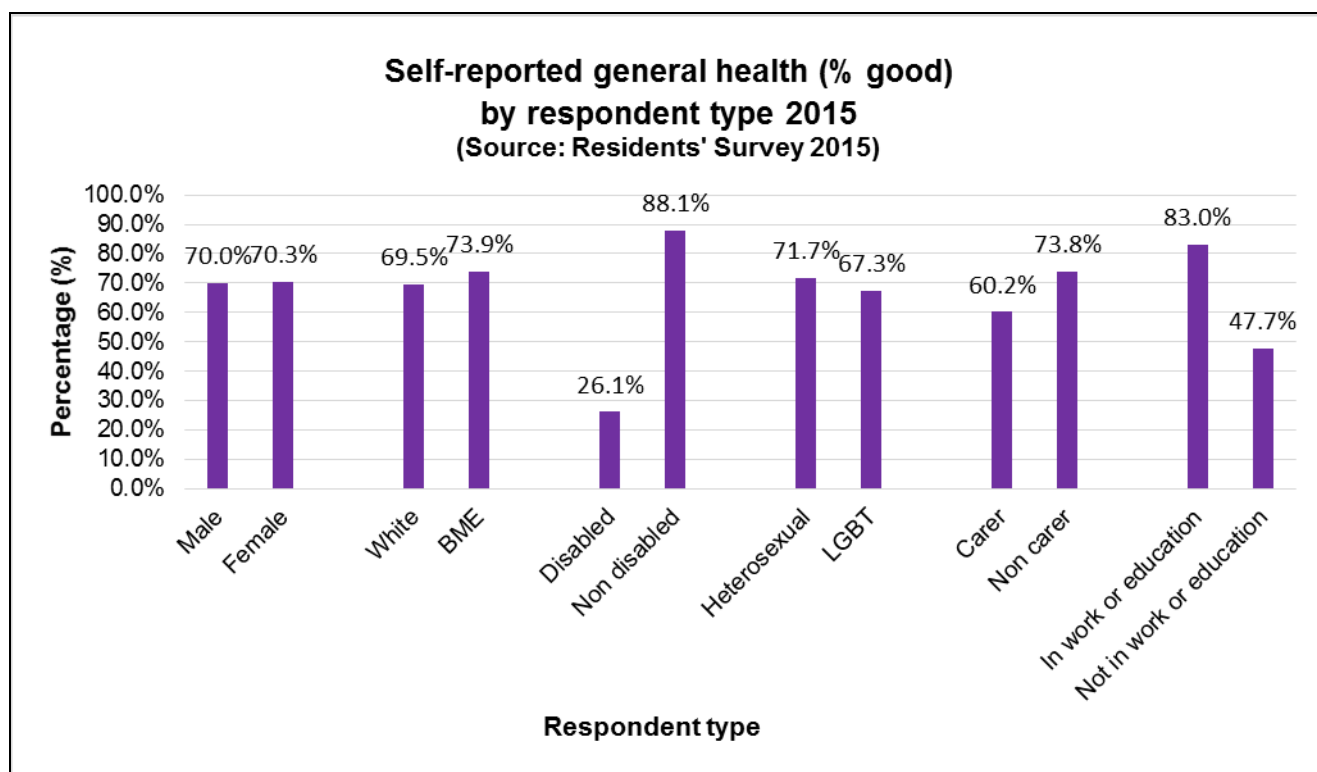


Figure 4.1-20: Self-reported general health by respondent type 2015

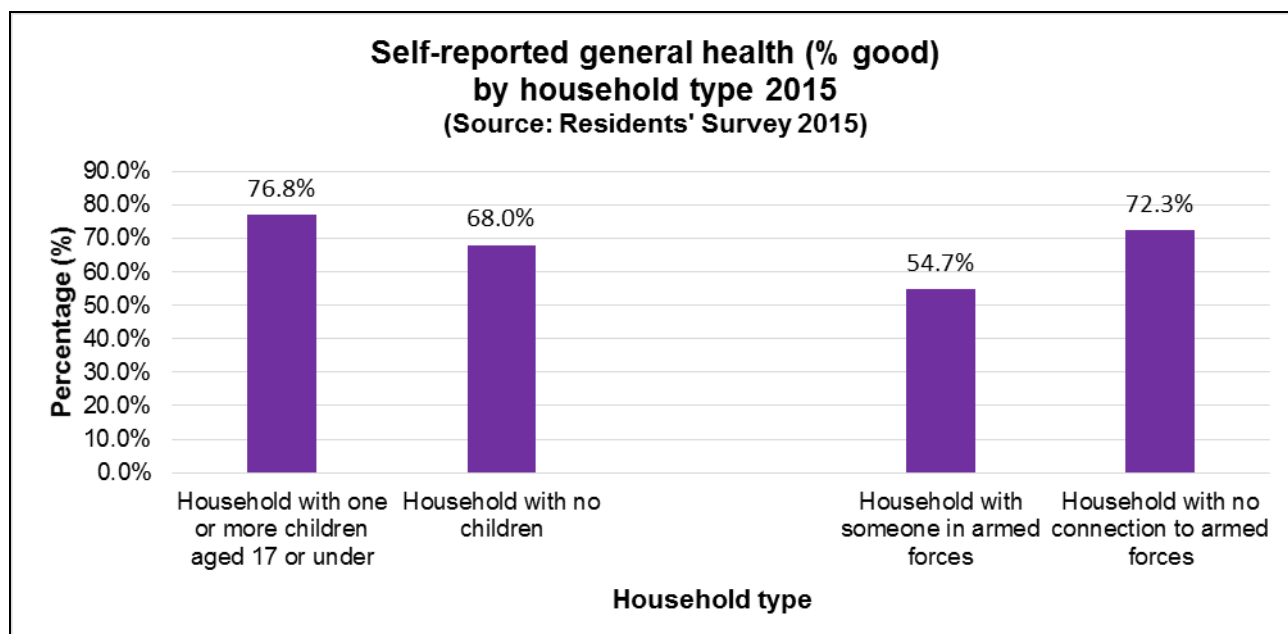


Figure 4.1-21: Self-reported general health by household type 2015

The Residents Survey data can also give us an indication of the trend over time. Figure 4.1-22 shows the city-wide trend, whilst Figure 4.1-23 shows the difference at ward level. As a group the 'least deprived' wards are all improving but the picture is not as clear cut with other wards.

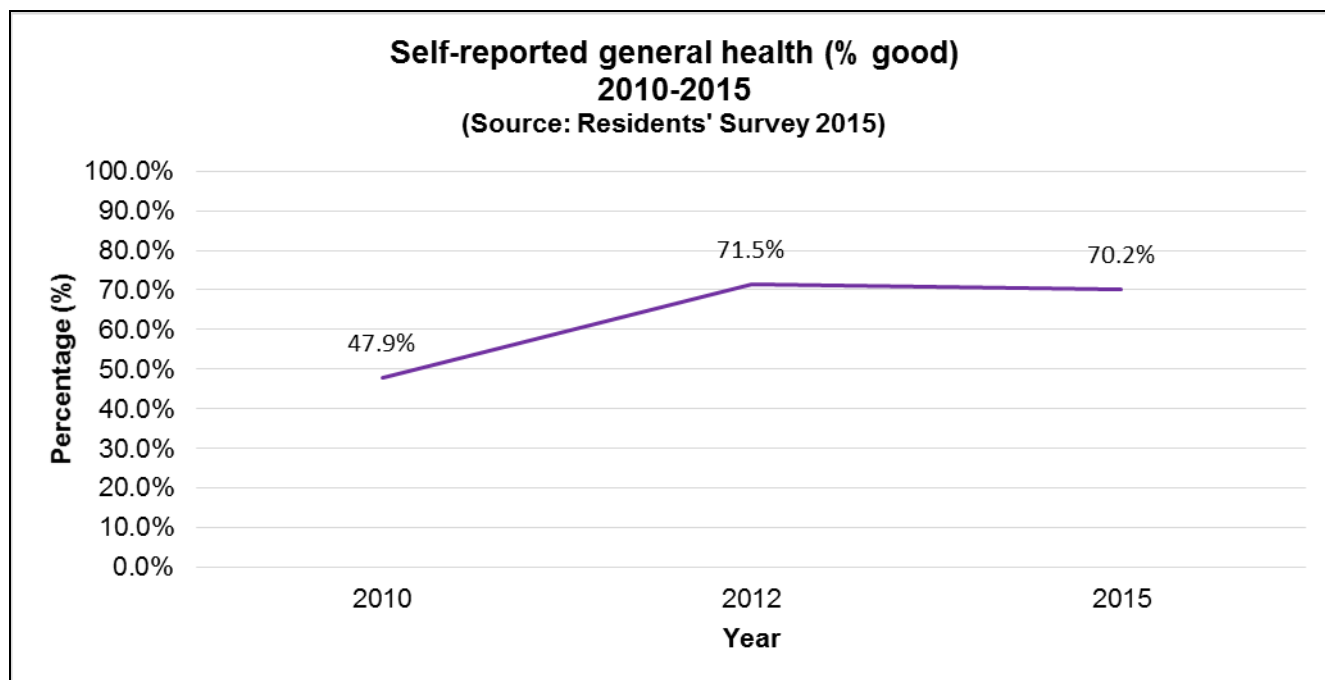


Figure 4.1-22: Self-reported general health citywide trend

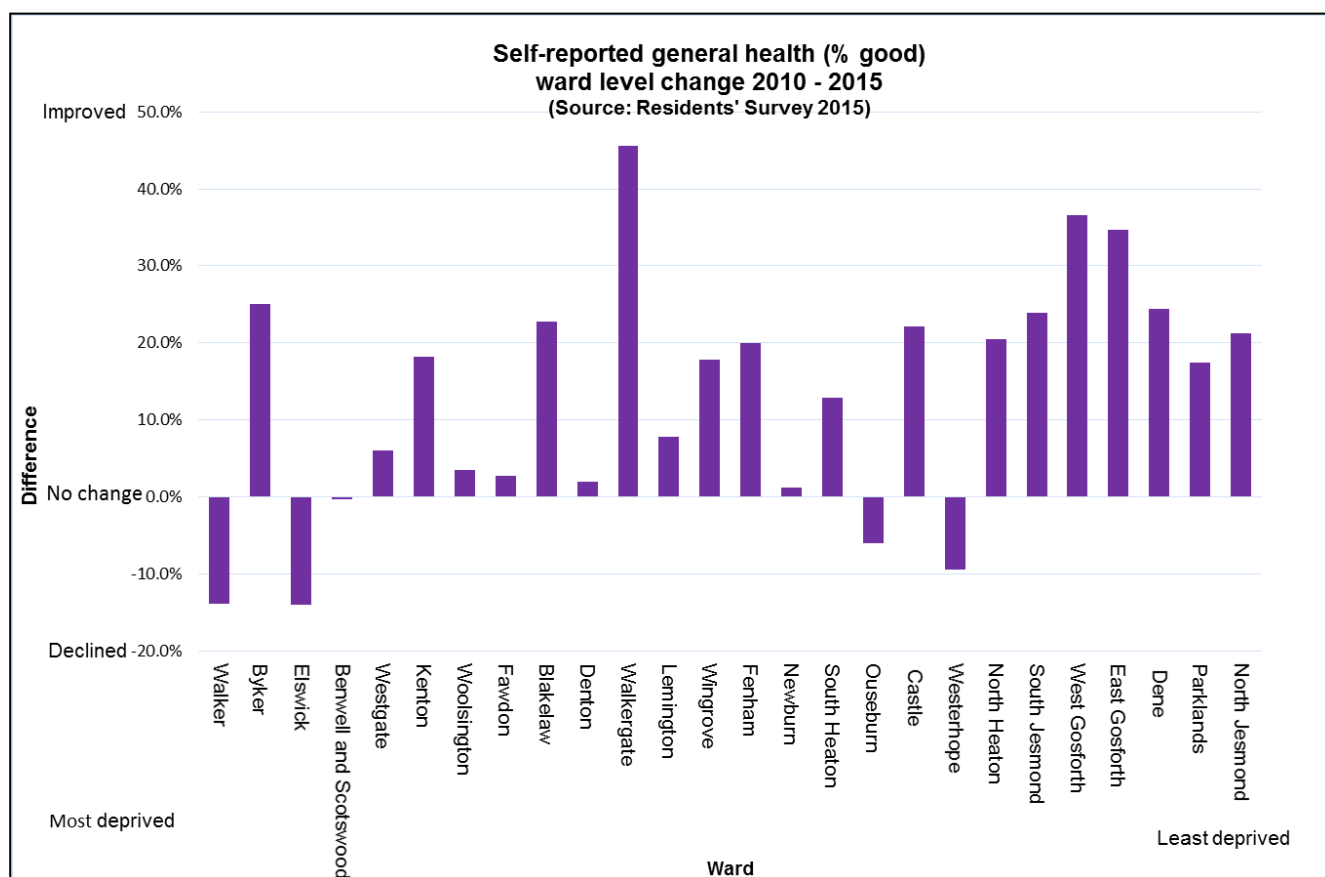


Figure 4.1-23: Self-reported general health ward level change